

A-0167

(Rev. 37, Issued: 10-17-08; Effective/Implementation Date: 10-17-08)

[The use of restraint or seclusion must be --]

§482.13(e)(4)(ii) - implemented in accordance with safe and appropriate restraint and seclusion techniques as determined by hospital policy in accordance with State law.

Interpretive Guidelines §482.13(e)(4)(ii)

Restraint or seclusion must be implemented appropriately and safely, and reflect hospital policy in accordance with State law.

The use of restraint or seclusion must never act as a barrier to the provision of other interventions to meet the patient's needs.

Survey Procedures §482.13(e)(4)(ii)

- Review the hospital's policies and procedures to determine if they reflect current standards of practice regarding safe and appropriate restraint and seclusion techniques. Are there any references to State law statutes or any indication State laws were reviewed and incorporated?
- Review a sample of patient medical records that include patients who required the use of restraint or seclusion for the management of both violent, self-destructive behaviors, and non-violent, non-self-destructive behaviors.
- After restraints were applied, was an assessment immediately made to ensure that restraints were properly and safely applied?
- Were the hospital policies and procedures followed?
- Was the use of restraint or seclusion effective in achieving the purpose for which it was ordered? If not, were timely changes made?
- Was there any evidence of injury to the patient?