

**[The hospital must require appropriate staff to have education, training, and demonstrated knowledge based on the specific needs of the patient population in at least the following:]**

**§482.13(f)(2)(vii) - The use of first aid techniques and certification in the use of cardiopulmonary resuscitation, including required periodic recertification.**

**Interpretive Guidelines §482.13(f)(2)(vii)**

Hospitals are required to provide a safe environment for the patients in their care. When restraint or seclusion techniques are used, patients are placed at a higher risk for injuries or even death. Hospitals must require appropriate staff (all staff who apply restraint or seclusion, monitor, access or provide care for a patient in restraint or seclusion) to receive education and training in the use of first aid techniques as well as training and certification in the use of cardiopulmonary resuscitation.

Hospitals are not required to use any particular recognized first aid course. Additionally, such courses may not adequately address the immediate interventions, the “first aid”, that needs to be rendered to a restrained or secluded patient who is in distress or injured. The goal is for staff to be able to render the appropriate “first aid” required if a restrained or secluded patient is in distress or injured. For example, a patient is found hanging in a vest restraint, a restrained patient is choking on food, a secluded suicidal patient is found hanging, a secluded suicidal patient has cut himself, etc. Hospital staff need to assess their patient population and identify likely scenarios, develop a first aid training that addresses those scenarios, and provide that “first aid” training to all staff that care for restrained or secluded patients.

**Survey Procedures §482.13(f)(2)(vii)**

- Does the hospital educational program address first aid techniques?
- Is appropriate staff certified in cardiopulmonary resuscitation?
- Does the hospital educational program include, or provide for, staff training and certification in cardiopulmonary resuscitation (including provisions for recertification)?