

§418.56(c)(1) Interventions to manage pain and symptoms.**Interpretive Guidelines §418.56(c)(1)**

The goal of effective pain and symptom management is quality of life. When the pain and symptoms that cause distress to the patient are effectively managed, the patient and family are better able to focus on their vision of a “good death.” Effective pain and symptom management include the ongoing assessment of the patient’s physical, psychosocial, emotional and spiritual needs and re-evaluating the effectiveness of the current plan of care in order to address those needs.

The hospice may also include the use of alternative therapies in the plan of care, to benefit hospice patients/families (e.g., art, yoga, massage, music and light therapy).
