

44_73_04_15 Restraints

There shall be written policies and procedures for all restraint use, including emergency restraints, bedrails, and locked doors. The use of restraints shall be based on a comprehensive assessment of the resident's physical and cognitive abilities, evaluation and effectiveness of less restrictive alternatives, and an involvement of the resident in weighing the benefits and consequences. Restraint use requires a physicians, physician assistants, or nurse practitioners order including specific time frames. Continued use of the restraint and reorders may be given only on review of the resident's condition by the physician, physician assistant, or nurse practitioner and the interdisciplinary team. Restraints shall be physically checked as ordered and documented by nursing personnel. Restraints shall not be used to limit mobility, for convenience of staff, for punishment, or as a substitute for supervision. Restraints shall not hinder evacuation of the resident during fire or cause injury to the resident.