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**HR-63** (2025-2026)

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AMENDED IN ASSEMBLY AUGUST 28, 2025

CALIFORNIA LEGISLATURE— 2025–2026 REGULAR SESSION

## HOUSE RESOLUTION

**NO. 63**

Introduced by Assembly Member Alanis

August 21, 2025

Relative to National Massage Therapy Awareness Week.

### LEGISLATIVE COUNSEL'S DIGEST

HR 63, as amended, Alanis.

WHEREAS, Massage therapy is beneficial to overall health and is increasingly part of integrated health care; and

WHEREAS, Consumers spend approximately \$18 billion annually on massage therapy, and more insurance companies are covering it; and

WHEREAS, The United States Department of Veterans Affairs is beginning to offer massage therapy benefits and recognize the proven efficacy of the field; and

WHEREAS, Therapeutic massage can benefit people of all ages; and

WHEREAS, A growing body of clinical research shows that massage therapy provides relief from a myriad of conditions ranging from chronic pain, the effects of cancer, and post-traumatic stress disorder (PTSD); and

WHEREAS, California ~~regulates~~ *provides for the certification of* the massage therapy profession, and massage therapists must meet the legal requirements to ~~practice~~, *practice that are established by their city or county*, which may include minimum hours of initial training to ensure patient safety; and

WHEREAS, Massage therapists consistently provide consumer and professional education information on massage and help consumers and health professionals locate qualified massage therapists in their area; now, therefore, be it

Resolved by the Assembly of the State of California, That the Assembly proclaims the week of October 19, 2025, to October 25, 2025, inclusive, as National Massage Therapy Awareness Week in California; and be it further

Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.