



Home	Bill Information	California Law	Publications	Other Resources	My Subscriptions	My Favorites
------	------------------	----------------	--------------	-----------------	------------------	--------------

**ACR-1 K-Ginseng Day.** (2025-2026)

SHARE THIS:  

REVISED JULY 07, 2025

CALIFORNIA LEGISLATURE— 2025–2026 REGULAR SESSION

**ASSEMBLY CONCURRENT RESOLUTION**

**NO. 1**

Introduced by Assembly ~~Member~~ **Members** Quirk-Silva and Mark González  
(Principal coauthor: Senator Choi)

(Coauthors: Assembly Members Addis, Aguiar-Curry, Ahrens, Alanis, Alvarez, Arambula, Ávila Farías, Bains, Bauer-Kahan, Berman, Boerner, Bonta, Bryan, Calderon, Caloza, Carrillo, Chen, Connolly, Davies, DeMaio, Dixon, Elhawary, Ellis, Fong, Gabriel, Gallagher, Garcia, Gipson, Jeff Gonzalez, Hadwick, Haney, Hart, Hoover, Irwin, Jackson, Kalra, Krell, Lackey, Lee, Lowenthal, Macedo, McKinnor, Muratsuchi, Nguyen, Ortega, Pacheco, Papan, Patel, Pellerin, Petrie-Norris, Ramos, Ransom, Rivas, Celeste Rodriguez, Michelle Rodriguez, Rogers, Blanca Rubio, Sanchez, Schiavo, Schultz, Sharp-Collins, Solache, Soria, Stefani, Ta, Tangipa, Valencia, Wallis, Ward, Wicks, Wilson, and Zbur)

December 02, 2024

Relative to K-Ginseng Day.

**LEGISLATIVE COUNSEL'S DIGEST**

ACR 1, as introduced, Quirk-Silva. K-Ginseng Day.

This measure would proclaim October 23, 2025, and the same date each year thereafter, as K-Ginseng Day in the State of California.

Fiscal Committee: no

WHEREAS, Ginseng's history is deeply intertwined with ancient Korean medical traditions where it was first documented in medical texts over two millennia ago and recognized as a key component in restoring and maintaining the body's balance; and

WHEREAS, Asian ginseng is native to East Asia, including China, Japan, and Korea, and has been used for health-related purposes in traditional medicine for thousands of years. Korean ginseng is also called insam; and

WHEREAS, The Korean Ministry of Agriculture, Food and Rural Affairs and the Korea Ginseng Association designated October 23 as Ginseng Day in 2016, and ginseng festivals are held yearly in Geumsan, Ganghwa, and Punggi, which are representative

ginseng regions; and

WHEREAS, Korean red ginseng is especially recognized for its superior quality and effectiveness, representing the legacy of herbal wellness traditions passed down through generations and symbolizing vitality and holistic wellness in modern life; and

WHEREAS, Korean red ginseng, originating from traditional herbal practices, was historically valued by royalty and scholars for its benefits in nourishing the body and enhancing cognitive functions, and is still regarded as an essential supplement for promoting health and longevity; and

WHEREAS, Among ginseng varieties, Korean red ginseng is steamed to concentrate its active ingredients and improve absorption, providing enhanced benefits for energy, immune health, heart function, and mental sharpness; and

WHEREAS, Today, Korean red ginseng is widely used across the world, offering a full range of benefits for overall health and well-being; and

WHEREAS, The effects of Korean red ginseng extend beyond physical health, offering benefits such as reducing fatigue, promoting emotional well-being, and enhancing mental clarity, which is crucial in today's fast-paced society; and

WHEREAS, During challenging times such as the COVID-19 pandemic, many people have turned to natural remedies such as the Korean red ginseng to address blood health, stress, fatigue, and immune health; and

WHEREAS, Incorporating Korean red ginseng into daily routines, along with exercise, a balanced diet, and other holistic practices, enhances natural energy, focus, and resilience, promoting a healthier lifestyle; and

WHEREAS, In addition to being a cultural and medicinal staple, Korean red ginseng's integration into various forms from teas and soups to supplements and skincare has broadened its accessibility, allowing individuals to incorporate its benefits into their daily routines easily; and

WHEREAS, Individuals of all ages and backgrounds throughout California and beyond recognize Korean red ginseng for its ability to promote vitality and strengthen both the body and mind; now, therefore, be it

Resolved by the Assembly of the State of California, the Senate thereof concurring, That the Legislature proclaims October 23, 2025, and the same date each year thereafter, as K-Ginseng Day in the State of California; and be it further

Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.

---

REVISIONS:

Heading—Line 3.

---