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HR-15 (2021-2022)

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REVISED FEBRUARY 08, 2021

CALIFORNIA LEGISLATURE— 2021–2022 REGULAR SESSION

HOUSE RESOLUTION

NO. 15

Introduced by Assembly Member Luz Rivas

(Coauthors: Assembly Members Aguiar-Curry, Arambula, Bauer-Kahan, Bennett, Berman, Bloom, Boerner Horvath, Bonta, Burke, Calderon, Carrillo, Cervantes, Chau, Chen, Chiu, Choi, Cooley, Cooper, Cunningham, Megan Dahle, Daly, Davies, Flora, Fong, Friedman, Gabriel, Gallagher, Cristina Garcia, Eduardo Garcia, Gipson, Gray, Holden, Irwin, Jones-Sawyer, Kalra, Kamlager, Kiley, Lackey, Lee, Levine, Low, Maienschein, Mathis, Mayes, McCarty, Medina, Mullin, Muratsuchi, Nazarian, Nguyen, O'Donnell, Patterson, Petrie-Norris, Quirk-Silva, Ramos, Rendon, Reyes, Robert Rivas, Blanca Rubio, Salas, Seyarto, Smith, Stone, Ting, Valladares, Villapudua, Voepel, Waldron, Ward, Wicks, and Wood)

January 27, 2021

Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

HR 15, as introduced, Luz Rivas.

WHEREAS, Cardiovascular diseases are a leading cause of death for women and men in the United States and account for approximately one out of every three deaths; and

WHEREAS, Cardiovascular diseases kill one woman almost every 80 seconds in the United States; and

WHEREAS, Heart disease and stroke can affect all women at any age, but heart attacks are on the rise in younger generations of women, such as Gen Z and Millennials, who are less likely to know the warning signs of heart attacks and strokes; and

WHEREAS, Cardiovascular diseases kill one in three women, but about 80 percent of cardiac events can be prevented through education and lifestyle changes; and

WHEREAS, All women are encouraged to move more, eat smart, and manage blood pressure to reduce their risk of cardiovascular disease; and

WHEREAS, The American Heart Association's Go Red For Women movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, As the trusted, passionate, and relevant force for change to eradicate heart disease and stroke in women, the American Heart Association's Go Red for Women remains steadfast and committed to meeting the comprehensive health needs of women at every life stage; now, therefore, be it

Resolved by the Assembly of the State of California, That the Assembly recognizes February 5, 2021, as Wear Red Day in California, and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease, we can save thousands of lives each year; and be it further

Resolved, That the Assembly recognizes the month of February 2021 as American Heart Month in California to raise awareness of the importance of the ongoing fight against heart disease and stroke; and be it further

Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.

REVISIONS:

Heading—Line 2.
