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**SCR-104 National Nutrition Month.** (2017-2018)

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**Senate Concurrent Resolution No. 104**

**CHAPTER 40**

Relative to National Nutrition Month.

[ Filed with Secretary of State April 17, 2018. ]

**LEGISLATIVE COUNSEL'S DIGEST**

SCR 104, Hertzberg. National Nutrition Month.

This measure would declare the month of March 2018 as National Nutrition Month and would encourage citizens to seek nutritional education.

Fiscal Committee: no

WHEREAS, The Academy of Nutrition and Dietetics, which is the world's largest organization of food and nutrition professionals, and its state affiliate, the California Academy of Nutrition and Dietetics, are promoting nutrition awareness as part of National Nutrition Month, with the theme of "Go Further with Food"; and

WHEREAS, Initiated in March 1973 as a week-long event, "National Nutrition Week" became a month-long observance in 1980 in response to growing public interest in nutrition; and

WHEREAS, "Go Further with Food" is the theme for 2018, and its importance is timely for many reasons. Whether it is starting the day off right with a healthy breakfast or fueling before an athletic event, the foods you choose can make a difference. Preparing foods to go further at home and within the community can have a positive impact as well; and

WHEREAS, As nutrition experts, members of the Academy of Nutrition and Dietetics can help people adopt healthier eating styles, while reducing food loss and waste; and

WHEREAS, The California Academy of Nutrition and Dietetics is a not-for-profit membership association of approximately 6,500 registered dietitian nutritionists (RDNs), nutrition dietetic technicians, registered (NDTRs), and students committed to improving California's health and advancing the profession of dietetics through research, education, and advocacy; and

WHEREAS, The vision of the California Academy of Nutrition and Dietetics is to optimize California's health through food and nutrition, and the mission of the academy is to empower members to be California's science- and evidence-based food and nutrition leaders; and

WHEREAS, Educated and credentialed nutritionists trained in evidence-based practice provide medical nutrition therapy for the prevention and treatment of chronic diseases afflicting the American population, including, among others, diabetes, obesity, heart disease, and renal disease; now, therefore, be it

Resolved by the Senate of the State of California, the Assembly thereof concurring, That the Legislature hereby declares the month of March 2018 as National Nutrition Month and encourages citizens to seek nutritional education; and be it further

Resolved, That the Secretary of the Senate transmit copies of this resolution to the author for appropriate distribution.