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REVISED FEBRUARY 02, 2017

CALIFORNIA LEGISLATURE — 2017-2018 REGULAR SESSION

HOUSE RESOLUTION

NO. 8

Introduced by Assembly Members Waldron and Cristina Garcia

(Coauthors: Assembly Members Acosta, Aguiar-Curry, Travis Allen, Arambula, Baker, Berman, Bigelow, Bloom, Bocanegra, Bonta, Brough, Burke, Caballero, Calderon, Cervantes, Chau, Chávez, Chen, Chiu, Choi, Chu, Cooley, Cooper, Cunningham, Dababneh, Dahle, Daly, Eggman, Flora, Fong, Frazier, Friedman, Gallagher, Eduardo Garcia, Gipson, Gloria, Gomez, Gonzalez Fletcher, Grayson, Harper, Irwin, Jones-Sawyer, Kalra, Kiley, Lackey, Levine, Limón, Low, Maienschein, Mathis, Mayes, McCarty, Medina, Melendez, Mullin, Muratsuchi, Nazarian, Obernolte, O'Donnell, Patterson, Quirk, Quirk-Silva, Rendon, Reyes, Ridley-Thomas, Rodriguez, Rubio, Salas, Steinorth, Mark Stone, Thurmond, Voepel, Weber, and Wood)

January 19, 2017

Relative to American Heart Month and Wear Red Day in California.

LEGISLATIVE COUNSEL'S DIGEST

HR 8, as introduced, Waldron.

WHEREAS, Cardiovascular diseases kill one in three women in the United States, yet 80 percent of cardiovascular diseases may be prevented; and

WHEREAS, Cardiovascular diseases and stroke kill one woman every 80 seconds in the United States; and

WHEREAS, An estimated 44 million women in the United States are affected by cardiovascular diseases; and

WHEREAS, Ninety percent of women have one or more risk factors for developing heart disease or stroke; and

WHEREAS, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

WHEREAS, Only 36 percent of African American women and 34 percent of Hispanic women know that heart disease is their greatest health risk, compared with 65 percent of Caucasian women; and

WHEREAS, According to the federal Centers for Disease Control and Prevention (CDC), heart disease and stroke account for 31.7 percent of all female deaths in California; and

WHEREAS, Research conducted by the CDC in 2010 found that, on average, almost 100 women die from heart disease and stroke in California each day; and

WHEREAS, The American Heart Association's Go Red For Women movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular disease and stroke; and

WHEREAS, Women involved with the Go Red For Women movement live healthier lives; and

WHEREAS, The Go Red For Women movement encourages women to take control of their heart health by knowing and managing their total cholesterol, HDL cholesterol, blood pressure, blood sugar, and body mass index; now, therefore, be it

Resolved by the Assembly of the State of California, That the Assembly recognizes the month of February 2017 as American Heart Month in California in order to raise awareness of the importance of the ongoing fight against heart disease and stroke; and be it further

Resolved, That the Assembly recognizes February 3, 2017, as Wear Red Day in California, and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease, we can save thousands of lives each year; and be it further

Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.	
REVISIONS:	
Heading—Line 2.	
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